

Footsteps of Change



School Consultation

What Does the Service Look Like?

School consultation services are initiated by school districts in order to address challenging behavior or skill acquisition needs in the school setting. Services begin with an assessment to identify the reason the target behaviors are occurring or why progress is not being made toward skill acquisition goals. The assessment includes interviews with teachers & other school staff as well as direct observation of the student. Once the function (reason) or deficit areas are determined, the Footsteps of Change clinician develops treatment components that reduce the frequency of challenging behavior and also teach positive behaviors. After the plan is reviewed with the team, the clinician provides training to the staff on how to run the programs and provides on-going coaching and feedback sessions until all team members are comfortable with the plan and positive change has been observed. Once the plan is shown to be effective, the clinician fades the frequency of coaching and follow-up consultation until the team is able to maintain the program without assistance.

What is the Cost?

School Consultation services are billed at \$150/hour for direct services only. Direct services include activities such as meetings, trainings, and observations. Indirect services, such as report writing and data analysis, are provided free-of-charge. Costs are typically highest during initial months and decrease as progress is made.

Are Families Included?

Family involvement varies greatly case to case, but it is always the intention to involve family members as much as is possible and relevant to the specific needs. Where appropriate, both the assessment and treatment components include the family and Footsteps of Change clinicians work across both settings.

How Long Does it Take?

Services typically last 2 to 4 months; however, the amount of time varies greatly due to the wide range of needs across students. Some factors that impact the length of services include complexity of the plan, adherence to the plan, & quality of reinforcers.



Contact Us for More Information

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Invigorating hope, one step at a time